

Hey y'all :)

Yep, still have a bit of the southern drawl :)

It's been a rather busy 3 1/2 months since I got back to Minnesota. I was talking with a friend the other day and was reminded of things I had forgotten with all the tasks that were completed. Here's a bit of a list

- * Recover from face planting (ouch)
- * Dermatologist had me on some chemo cream for pre cancer issues on my face and top of head (issue with lack of hair I guess :))
- * Orthopedic visit to check out my knee from fall on face (My knee still has some swelling and clicking, but much better)
- * Numerous Dentist visits (ouch) I ended up with some major dental work that has me still in a bit of pain (started with routine cleaning and ended with 3 crowns, 1 extraction, and multiple visits for pain management)
- * Endodontist to fix the dentist ouch where I was treated to a root canal
- * Cardiologist visit and stress test (all is well)
- * DMV for new drivers license
- * DMV for duplicate title to the trailer
- * Finally got the truck issue settled...Within 24 hours of picking it up at the dealer (they were unwilling to work with me on another vehicle), I found a super deal on a Ford F250 with an 8' bed that holds all of my tools:)
- * searched for weeks to find a topper for the new truck
- * wired the topper for lights and added shelving for tools
- * Applied for new passport
- * completed the remodel of the travel trailer
- * completed the upgrade to the solar power on the trailer (it works great)
- * vet appointment for Hunter (he checked out fine after his rough start to the year)
- * dog grooming for Hunter (he sure cleans up nice)

Along with all the routine tasks I was able to get together with many of you as well as getting together with friends and family from the past, many of whom I hadn't seen in years. I also was blessed to help work on many projects that brought joy to me and I hope joy to those I was able to help.

While completing all of this God was still working on me as he was putting on his final touches before I hit the road to continue the journey we've set out on. The biggest breakthrough which I believe has really set the stage for what's next was when I was able to understand what forgiving yourself was, what it looked like and where it needed to happen. I attached a picture of me when I was 15 years old (some of you may have already seen it), I'm the one in back with all the hair (pre pre-cancer) Seeing this picture and with having various conversations, I realized that there was a young man about to embark on the world and he had no guidance, direction, leadership, support, or a stable platform to use as guidance. Well, needless to say Boy did I make some huge mistakes and for years I have had issues with what He had done. I found he needed to be

forgiven by me which I did, and it was like an instant release of years of anger, hate, disappointment and even discuss in who he had been. Jesus helped heal all of the pain and hurt from my past and is now sending me into the US/World to make a difference in the lives and hearts of others. My life for years was about what I did or could do, now it's about who I am in Christ that is going to have a more powerful impact than I ever imagined. One of the things that came to me over and over was "I am who I am because of I am, It's not what I do but who I am that will make a difference for Christ" So what is that going to look like? Stay tuned as we journey together and find out :)

My trip has started as I'm spending some time in Northern MN with some old friends, one of whom is going to teach me some trailer maintenance. Soon I will be heading to Oregon to visit my grandson and hopefully fill him with lots of wisdom. From there I will be heading to Colorado to spread some of my friend Larry's remains. That will then be proceeded by a visit to Omaha to meet up and help the new friend I met in Florida last January

This trip home as you can imagine was a bit more spendy than I had anticipated and if there is any way you can help out again this year as I move forward with The Living Well, it would be greatly appreciated.

Tax deductible donations can be made at:
[The Living Well - Global Horizons Inc. \(globalhz.org\)](http://globalhz.org)

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Randy at age 15 (big hair in back of picture)
Picture at dentist office about being the reason someone smiles today
Ministry of how you treat others matters
Pictures of a bathroom we were remodeling for my high school friend's mom Max :)
She always brought a smile to others faces, sadly she passed before the bathroom was finished
Picture of the new solar panels
Pictures of the new truck (Brutus)





2:37



Ceri Ahlborn

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PEOPLE IS A
MINISTRY.**

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